



# COVID-19

## *Medical information and management plan*

### **Dean College Health Services**

**Located in Chapman  
house**

**Hours: Monday-  
Friday 10am-5pm**

**Provides healthcare  
to students while  
studying at Dean  
College**

### ***What is Covid-19***

Covid-19 is a disease caused by a virus named SARS-CoV-2. The virus most often causes respiratory symptoms that can feel like a cold, flu or pneumonia. Sometimes the virus can attack more than just your lungs and respiratory system and give you other symptoms like stomach upset. Most people have mild symptoms, although some can become severely ill. It is also possible to have Covid-19 and have no symptoms at all.

### ***How is Covid-19 spread?***

COVID-19 spreads after an infected person breaths out droplets of the virus which can then be breathed in by other people or land on their eyes, noses, or mouth. In some circumstances, people can obtain the virus through touching contaminated surfaces.

### ***How can I protect myself from Covid-19?***

Vaccination is one of the best ways to protect yourself from Covid-19. This includes both a primary series vaccine and a booster shot. Also, the CDC has recommended individuals avoid contact with others who may be sick with Covid-19. Masks and social distancing are a great way to avoid breathing in the virus, and cleaning down high touch surfaces can help avoid illness from contaminated surfaces. Full methods of protection are available [here](#).

### ***What should I do if I'm feeling sick?***

Students who are experiencing symptoms can use a rapid test to determine if they are sick with Covid-19. If a student tests positive for Covid-19, they should notify health services so that we can help them through isolation processes and assess any health needs they may have. Student can also contact health services to set up an appointment for assessment and testing if they do not have a rapid test available.

### ***What happens if I test positive for Covid-19?***

Students will follow CDC guidelines and complete a minimum of 5 days isolation. Health services will communicate with students to determine their eligibility to return to campus once isolation is complete. Students are encouraged to isolate off campus (at their home or other family members home) as isolation housing is not available through the school. If unable to leave campus, students will be required to isolate in their rooms. With the students permission, Health Services can communicate with the advisors for academic support and can also inform students how to obtain meals from dining services while isolating.

