



# MONKEYPOX

*Medical information and management plan*

## **Dean College Health Services**

**Located in Chapman  
house**

**Hours: Monday-  
Friday 10am-5pm**

**Provides healthcare  
to students while  
studying at Dean  
College**

## ***What is monkeypox?***

Monkeypox is a viral illness that typically begins with flu-like symptoms (fever, chills, fatigue, headache, muscle aches) and progresses to a rash that can look like pimples or blisters. These lesions can appear on the face, inside the mouth, and on other parts of the body like hands, feet, chest, genitals or anus. The blisters can last for 2-4 weeks.

## ***How is monkeypox spread?***

Monkeypox does not spread easily between people; transmission most frequently occurs through direct contact with rash lesions, scabs or body fluids. The virus can also be spread through items that have touched rash lesions/body fluids like clothing, bedding etc, or through large respiratory droplets following prolonged face to face contact. It is important to note that monkeypox is not considered a sexually transmitted disease but is spread through prolonged physical contact, which frequently occurs during sexual activity.

## ***How can I protect myself from monkeypox?***

The CDC has recommended individuals avoid close, skin-to-skin contact with people who have a rash that looks like monkeypox. Additionally, individuals should avoid contact with objects and materials that a person with monkeypox has used. Lastly, as always, wash your hands often! Full recommendations can be found [here](#).

## ***What should I do if I'm feeling sick?***

Students with any symptoms concerning for monkeypox or other viral illness can come to health services hours for assessment and to determine the need for testing. After hours or weekends, students can seek care at any nearby urgent care site or emergency department as needed. Campus safety is available for transportation if necessary.

## ***What happens if I test positive for monkeypox?***

The goal is for the student to remain on campus during their illness assuming it can be done safely and the student feels well enough to do so. Ultimately, decisions will be made on a case by case basis in collaboration with the Infectious Diseases Clinic at Milford Regional Medical Center.

